

2019 AIA International Conference and Wellness Expo - Agenda

Thursday Pre-Conference Workshops

- 9:00 am – 12:00 pm Jane Buckle/Research Made Simple
- 9:00 am – 3:00 pm Catharine Pantaleo/Forest Bathing Experience: Nature as Medicine
- 9:00 am -- 3:00 pm Jean Larson/Nature-based Therapy for Wellbeing
- 1:00 pm – 4:00 pm Peter Holmes/Treating Mental and Emotional Concerns with Essential Oils
- 4:00 pm – 7:00 pm Registration
- 6:30 pm – 8:30 pm Welcome Reception

Friday Holistic Aromatherapy

Expo hall open 8 am – 6 pm

- 7:00 am – 8:00 am Aromatic Yoga
- 9 am – 9:15 am President's Welcome
- 9:15 am – 10:15 am Katharine Koeppen/The Successful Aromatherapist
- 10:20 am – 11:20 am Amanda Lattin/Aromatherapy and Holism: Homeostasis, Terrain and the Individual
- 11:20 am – 12:00 pm Break
- 12:00 pm – 1:00 pm Bevin Clare/Nourishing the Body: Optimal Health with Foods and Herbal Medicines
- 1:00 pm -2:30 pm Lunch
- 2:30 pm – 3:30 pm Anne Gillum /Health Freedom Landscape for Aromatherapists
- 3:35 pm - 4:35 pm Kelly Ablard/A Conversation about Conservation Consciousness
- 4:35 pm – 5:00 pm Hot Topics: Let's Begin the Dialogue

Saturday-Clinical Aromatherapy

Expo hall open 8 am – 6 pm

- 7:00 am – 8:00 am Tai Chi
- 8:50 am – 9:00 am President's Welcome
- 9:00 am – 10:00 am Jane Buckle (Keynote)/Holistic or Clinical? Which Are You?
- 10:05 am – 11:35 am Mary Natche and Victoria Boyce/Multi-Faceted Approach to Healing Using Clinical Aromatherapy: Creating Competence
- 11:35 am – 12:15 pm Break
- 12:15 am – 1:15 pm Carol Scheidel and Patty Brown/Holistic Aromatherapy in a Hospital Setting
- 1:15 pm – 2:45 pm Lunch

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- 2:45 pm – 3:45 pm Jodi Baglien/Meeting the Call to Reduce the use of Antipsychotic Drugs in Healthcare
- 3:45 pm – 4:45 pm TBD
- 4:45 pm – 5:00 pm Bathroom break
- 5:00 pm – 6:00 pm Annual Member's Meeting

Saturday Evening

- 6:30 pm – 7:30pm Cocktails w/music
- 7:30 pm – 9:30 pm Gala Dinner & Awards (Lifetime Achievement Award)
- 9:30 pm – 11:30 pm Music and Dancing

Sunday Aromatherapy in Cancer Care

Expo hall open 8 am – 5 pm

- 7:00 am – 8:00 am Morning Meditation
- 8:50 am – 9:00 am President's Welcome
- 9:00 am -10:00 am Jacqui Stringer/Wound Care in Oncology: Is There a Role for Essential Oils?
- 10:05 am – 11:05 am Linda-Anne Kahn/Aromatherapy for Breast Cancer and Lymphedema
- 11:05 am – 11:45 am Break
- 11:45 am – 12:45 pm Marco Valussi/Essential Oils and Anti-Cancer Activity: What Do We Know?
- 12:45 pm – 2:15 pm Lunch
- 2:15 pm – 3:15 pm Jessie Hawkins/Aromatherapy for Anxiety in Patients with Cancer: Findings From a Meta-Analysis
- 3:20 pm – 4:20 pm Marika Fleri/An Aromatic Niche in a Clinical Setting
- 4:25 pm – 4:55 pm Hot Topics: What Is The Way Forward?
- 4:55 pm – 5:00 pm President's Closing